

Wellness Data History

1. Login to Simplywell
2. Under the Profile tab at the top, click on Numbers
3. On the right click on Historical Data
4. On this page you can print your biometric results by clicking on the dates you screened under the Biometric Results section

The screenshot shows the top navigation bar with 'LUTHERAN SENIOR SERVICES' on the left and 'Home', 'Profile', 'Well-being', and 'Rewards' on the right. The 'Profile' tab is highlighted with a yellow box, and a sub-menu 'Numbers' is also highlighted. Below the navigation bar, the 'Health Score' section is visible, including a 'Baseline' indicator and an 'Update' button. The 'Screening Results' section is also present, with a 'Historical Data' button highlighted in yellow. Below this, a table of blood lipid results is shown:

Blood Lipids	Baseline	
Total Cholesterol	mg/dL	Moderate
HDL Cholesterol	mg/dL	Low
Triglycerides	mg/dL	Low
LDL Cholesterol	mg/dL	Moderate

The screenshot shows the 'Profile Data' section. It includes 'Member Health Reports' and 'Health Assessments'. Under 'Member Health Reports', there are two entries for 'Health Score' with dates 'May 31, 2020' and 'Jun 30, 2019', and a 'View Report' link. Under 'Health Assessments', there are two dates: 'Jul 1, 2019' and 'Sep 4, 2018'. At the bottom, the 'Biometric Results' section is highlighted with a yellow box, and it contains two dates: 'Aug 8, 2019' and 'Sep 27, 2018', each with an unchecked checkbox.