

 The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. **NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary.** For more information about your coverage, or to get a copy of the complete terms of coverage, contact [myPortico.PorticoBenefits.org](https://myPortico.PorticoBenefits.org). For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can view the Glossary at [myPortico.PorticoBenefits.org](https://myPortico.PorticoBenefits.org) or call 800.352.2876 to request a copy.

Important Questions	Answers	Why This Matters:
<p><b>What is the overall <u>deductible</u>?</b></p>	<p><u>In-network providers</u>                      \$1,300/person                      \$1,950/member + child(ren)                      \$2,600/member + spouse, family  <u>Out-of-network providers</u>                      \$1,300/person                      \$1,950/member + child(ren)                      \$2,600/member + spouse, family                      Separate in-network, out-of-network deductibles. Member and covered spouse can each earn \$200 wellness credit into personal wellness account (i.e., Health Reimbursement Arrangement) to help offset <u>deductible</u> and other eligible health expenses.</p>	<p>Generally, you must pay all of the costs from providers up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u>, each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u>.</p>
<p><b>Are there services covered before you meet your <u>deductible</u>?</b></p>	<p>Yes. <u>Preventive care</u> services and prescription drugs are covered before you meet your <u>deductible</u>.</p>	<p>This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u>. See a list of covered <u>preventive services</u> at <a href="https://www.healthcare.gov/coverage/preventive-care-benefits/">https://www.healthcare.gov/coverage/preventive-care-benefits/</a>.</p>
<p><b>Are there other <u>deductibles</u> for specific services?</b></p>	<p>No.</p>	<p>You don't have to meet <u>deductibles</u> for specific services.</p>
<p><b>What is the <u>out-of-pocket limit</u> for this <u>plan</u>?</b></p>	<p><u>In-network providers</u>                      \$4,100/person,\$8,200 family  <u>Out-of-network providers</u>                      \$4,100/person,\$8,200 family                      Separate in-network, out-of-network <u>out-of-pocket limits</u>.</p>	<p>The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u>, they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.</p>
<p><b>What is not included in the <u>out-of-pocket limit</u>?</b></p>	<p><u>Premiums</u>, <u>balance-billing</u> charges, health care this <u>plan</u> doesn't cover.</p>	<p>Even though you pay these expenses, they don't count toward the <u>out-of-pocket limit</u>. Certain specialty drugs are considered non-essential health benefits; a portion of the drugs' cost is reimbursed by the drug manufacturer and will not apply to your out-of-pocket limit.</p>


Will you pay less if you use a <b>network provider</b> ?	Yes. See <a href="http://health.PorticoBenefits.org">health.PorticoBenefits.org</a> or call 877.851.5656 for a list of <b>in-network providers</b> .	This <b>plan</b> uses a <b>provider network</b> . You will pay less if you use a <b>provider</b> in the <b>plan's network</b> . You will pay the most if you use an <b>out-of-network provider</b> , and you might receive a bill from a <b>provider</b> for the difference between the <b>provider's charge</b> and what your <b>plan</b> pays ( <b>balance billing</b> ). Be aware, your <b>in-network provider</b> might use an <b>out-of-network provider</b> for some services (such as lab work). Check with your <b>provider</b> before you get services.
Do you need a <b>referral</b> to see a <b>specialist</b> ?	No.	You can see the <b>specialist</b> you choose for covered services without a <b>referral</b> .

 All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.


Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
If you visit a health care <b>provider's office</b> or clinic	Primary care visit to treat an injury or illness	20% <b>coinsurance</b>	40% <b>coinsurance</b>	None
	<b>Specialist</b> visit	20% <b>coinsurance</b>	40% <b>coinsurance</b>	Limits for infertility treatment, acupuncture, and massage therapy visits. <b>Preauthorization</b> is required for autism services, dialysis and oncology services.
	<b>Preventive care/screening/immunization</b>	No charge	40% <b>coinsurance</b> . <b>Deductible</b> does not apply.	You may have to pay for services that aren't <b>preventive</b> . Ask your <b>provider</b> if the services you need are <b>preventive</b> . Then check what your <b>plan</b> will pay for.
If you have a test	<b>Diagnostic test</b> (X-ray, blood work)	20% <b>coinsurance</b>	40% <b>coinsurance</b>	<b>Preauthorization</b> is required for genetic testing.
	Imaging (CT/PET scans, MRIs)	20% <b>coinsurance</b>	40% <b>coinsurance</b>	<b>Preauthorization</b> is required for MRI/MRA, and PET scans.

 All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

Common Medical Event	Services You May Need	What You Will Pay	Limitations, Exceptions, & Other Important Information
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 All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
<p><b>If you need drugs to treat your illness or condition</b></p> <p>More information about <b>prescription drug coverage</b> is available at <a href="https://myPortico.PorticoBenefits.org">myPortico.PorticoBenefits.org</a></p>	Generic drugs	Per prescription— <i>Retail:</i> \$10 <u>copay</u> <i>Mail order:</i> \$20 <u>copay</u>	Per prescription (up to 31-day supply)— \$10 <u>copay</u> plus any amount over the <u>allowed amount</u>	Up to a 31-day supply (retail); up to 90-day supply (mail order).
	Preferred brand-name drugs	Per prescription— <i>Retail:</i> 20% <u>coinsurance</u> , \$45min/\$75 max <i>Mail order:</i> 20% <u>coinsurance</u> , \$100min/\$175 max	Per prescription (up to 31-day supply)— 20% <u>coinsurance</u> , \$45min/\$75max plus any amount over the <u>allowed amount</u>	Up to a 31-day supply (retail); up to 90-day supply (mail order). 30-day supply of preferred brand-name insulin: \$25 copayment
	Non-preferred brand-name drugs	Per prescription— <i>Retail:</i> 35% <u>coinsurance</u> , \$75min/\$150 max <i>Mail order:</i> 35% <u>coinsurance</u> , \$175min/\$250 max	Per prescription (up to 31-day supply)— 35% <u>coinsurance</u> , \$75 min/\$150 max plus any amount over the <u>allowed amount</u> (up to 31-day supply)	Up to a 31-day supply (retail); up to 90-day supply (mail order).
	<u>Specialty drugs</u>	Per prescription— Generic: \$10 <u>copay</u> <i>Preferred brand:</i> 20% <u>coinsurance</u> , \$45min/\$75 max <i>Non-preferred brand:</i> 35% <u>coinsurance</u> , \$75 min/\$150 max	Not covered.	Limited to 31-day supply. Must be purchased from the Express Scripts specialty pharmacy, Accredo. See “Important Questions” regarding the plan’s out-of-pocket limit.
<p><b>If you have outpatient surgery</b></p>	Facility fee (e.g., ambulatory surgery center)	20% <u>coinsurance</u>	40% <u>coinsurance</u>	<u>Preauthorization</u> is required.
	Physician/surgeon fees	20% <u>coinsurance</u>	40% <u>coinsurance</u>	<u>Preauthorization</u> is required.
<p><b>If you need immediate medical attention</b></p>	<u>Emergency room care</u>	20% <u>coinsurance</u>	20% <u>coinsurance</u>	None
	<u>Emergency medical transportation</u>	20% <u>coinsurance</u>	20% <u>coinsurance</u>	
	<u>Urgent care</u>	20% <u>coinsurance</u>	20% <u>coinsurance</u>	

 All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
<b>If you have a hospital stay</b>	Facility fee (e.g., hospital room)	20% <u>coinsurance</u>	40% <u>coinsurance</u>	<u>Preauthorization</u> is required.
	Physician/surgeon fees	20% <u>coinsurance</u>	40% <u>coinsurance</u>	<u>Preauthorization</u> is required.
<b>If you need mental health, behavioral health, or substance abuse services</b>	Outpatient services	20% <u>coinsurance</u>	40% <u>coinsurance</u>	<u>Preauthorization</u> is required for intensive outpatient and partial hospitalization services.
	Inpatient services	20% <u>coinsurance</u>	40% <u>coinsurance</u>	<u>Preauthorization</u> is required.
<b>If you are pregnant</b>	Office visits	No charge	40% <u>coinsurance</u>	<u>Cost sharing</u> does not apply to certain preventive services. Depending on the type of services, <u>coinsurance</u> may apply. Maternity care may include tests and services described elsewhere in the SBC (e.g., ultrasound).
	Childbirth/delivery professional services	20% <u>coinsurance</u>	40% <u>coinsurance</u>	
	Childbirth/delivery facility services	20% <u>coinsurance</u>	40% <u>coinsurance</u>	
<b>If you need help recovering or have other special health needs</b>	<u>Home health care</u>	20% <u>coinsurance</u>	40% <u>coinsurance</u>	<u>Preauthorization</u> is required.
	<u>Rehabilitation services</u>	20% <u>coinsurance</u>	40% <u>coinsurance</u>	<u>Preauthorization</u> is required for autism services.
	<u>Habilitation services</u>	20% <u>coinsurance</u>	40% <u>coinsurance</u>	
	<u>Skilled nursing care</u>	20% <u>coinsurance</u>	40% <u>coinsurance</u>	<u>Preauthorization</u> is required. Limit: 120 days/year
	<u>Durable medical equipment</u>	20% <u>coinsurance</u>	40% <u>coinsurance</u>	<u>Preauthorization</u> is required if > \$500.
	<u>Hospice services</u>	20% <u>coinsurance</u>	40% <u>coinsurance</u>	<u>Preauthorization</u> is required.
<b>If your child needs dental or eye care</b>	Children's eye exam	No charge	40% <u>coinsurance</u> . <u>Deductible</u> does not apply.	Limit: One preventive exam per year.
	Children's glasses	Not covered	Not covered	None
	Children's dental check-up	No charge	Amount exceeding Delta Dental <u>allowed amount</u>	Limit: 2 preventive dental check-ups/year (administered by Delta Dental)

## Excluded Services & Other Covered Services:

### Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Cosmetic Surgery
- Facility expenses for certain surgeries performed at an out-of-network facility
- Hearing Aids
- Long Term Care
- Rehabilitative and habilitative services, unless medically necessary
- Routine foot care, unless medically necessary
- Services considered experimental, investigational

### Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Acupuncture, up to 12 visits per year, for nausea or chronic pain lasting for more than 6 months
- Bariatric surgery, (preauthorization is required)
- Chiropractic care, if medically necessary
- Dental care (Adult) — covered under dental benefit
- Infertility treatment, up to \$10,000 maximum lifetime
- Non-emergency care when traveling outside the U.S. (eligible care with an in-network provider receives in-network benefits, out-of-network provider receives out-of-network benefits)
- Private duty nursing services for respite and other care (preauthorization is required)
- Routine eye care (Adult)
- Weight loss programs, if provided by eligible medical provider

**Your Rights to Continue Coverage:** There is an agency that can help if you want to continue your coverage after it ends. The contact information for the agency is: Portico Benefit Services, 800.352.2876. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit [www.HealthCare.gov](http://www.HealthCare.gov) or call 800.318.2596.

**Your Grievance and Appeals Rights:** There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact: Portico Care Coordinators by Quantum Health, 877.851.5656.

### Does this plan provide Minimum Essential Coverage? **Yes.**

If you don't have Minimum Essential Coverage for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

### Does this plan meet Minimum Value Standards? **Yes.**

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

### Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 800.352.2876.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 800.352.2876.

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 800.352.2876.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwijigo holne' 800.352.2876.

\_\_\_\_\_To see examples of how this plan might cover costs for a sample medical situation, see the next section.\_\_\_\_\_

## About these Coverage Examples:



**This is not a cost estimator.** Treatments shown are just examples of how this plan might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your providers charge, and many other factors. Focus on the cost sharing amounts (deductibles, copayments, and coinsurance) and excluded services under the plan. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

### Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The <u>plan's</u> overall <u>deductible</u>	\$1,300
■ <u>Specialist coinsurance</u>	20%
■ Hospital (facility) <u>coinsurance</u>	20%
■ Other <u>coinsurance</u>	20%

This **EXAMPLE** event includes services like:

Specialist office visits (*prenatal care*)  
 Childbirth/Delivery Professional Services  
 Childbirth/Delivery Facility Services  
 Diagnostic tests (*ultrasounds and blood work*)  
 Specialist visit (*anesthesia*)

<b>Total Example Cost</b>	<b>\$12,800</b>
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In this example, Peg would pay:

<i>Cost Sharing</i>	
Deductibles	\$1,300
Copayments	\$50
Coinsurance	\$2,050
<i>What isn't covered</i>	
Limits or exclusions	\$50
<b>The total Peg would pay is</b>	<b>\$3,450</b>

### Managing Joe's type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

■ The <u>plan's</u> overall <u>deductible</u>	\$1,300
■ <u>Specialist coinsurance</u>	20%
■ Hospital (facility) <u>coinsurance</u>	20%
■ Other <u>coinsurance</u>	20%

This **EXAMPLE** event includes services like:

Primary care physician office visits (*including disease education*)  
 Diagnostic tests (*blood work*)  
 Prescription drugs  
 Durable medical equipment (*glucose meter*)

<b>Total Example Cost</b>	<b>\$7,400</b>
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In this example, Joe would pay:

<i>Cost Sharing</i>	
Deductibles	\$1,300
Copayments	\$600
Coinsurance	\$900
<i>What isn't covered</i>	
Limits or exclusions	\$50
<b>The total Joe would pay is</b>	<b>\$2,850</b>

### Mia's Simple Fracture

(in-network emergency room visit and follow up care)

■ The <u>plan's</u> overall <u>deductible</u>	\$1,300
■ <u>Specialist coinsurance</u>	20%
■ Hospital (facility) <u>coinsurance</u>	20%
■ Other <u>coinsurance</u>	20%

This **EXAMPLE** event includes services like:

Emergency room care (*including medical supplies*)  
 Diagnostic test (*X-ray*)  
 Durable medical equipment (*crutches*)  
 Rehabilitation services (*physical therapy*)

<b>Total Example Cost</b>	<b>\$1,900</b>
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In this example, Mia would pay:

<i>Cost Sharing</i>	
Deductibles	\$1,300
Copayments	\$0
Coinsurance	\$150
<i>What isn't covered</i>	
Limits or exclusions	\$0
<b>The total Mia would pay is</b>	<b>\$1,450</b>

Note: These numbers assume the patient does not participate in the plan's wellness program. If you participate in the plan's diabetes wellness program, you may be able to reduce your costs. For more information about the diabetes wellness program, please contact 877.851.5656.

The plan would be responsible for the other costs of these **EXAMPLE** covered services.