

Kick the Bug!



Flu Shot FAQ

Who will be administering the flu?

The Visiting Nurses Association (VNA) will be administering flu vaccines across Lutheran Senior Services.

What type of flu vaccine will I receive?

LSS is providing the trivalent flu vaccine for free to employees. If you are pregnant or over the age of 65, LSS will also offer the preservative free or high dose which is recommended for those who are 65 and over.

What do you mean when you say the flu shot is a condition of employment?

The older adults we serve, plus you and your families, are very important to us. So important that we make getting a flu shot mandatory. It keeps everyone safe and helps prevent the spread of the flu.

We understand that for some, a flu shot may be against religious beliefs or inadvisable for medical reasons. If you need a religious/medical waiver, please contact your Human Resource Director.

When will the flu shots be administered?

Your community/location has been provided with a schedule for the day(s) that the VNA will be there to administer the shot. Look for those days posted around your community.

What if I can't get the flu shot on the day(s) the VNA is at my community/location?

Great question! You can:

- Get the flu shot at another nearby LSS community/location on their flu shot day(s).

Not able to do that? Then LSS has two different ways you can still get your flu shot. These differ on whether you are within the St. Louis metro area or not.

- Outside of St. Louis Metro Area:
Get a flu shot from any reputable location (your doctor's office, CVS, Walgreens, etc.). Turn in your receipt to be reimbursed up to \$14 **or use your insurance benefit.**

- Within the St. Louis Area:
Receive a voucher to visit a VNA location to get the flu shot.



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